

A Note about COVID-19 from The Medical Eye Center

The health of our patients is our top priority at The Medical Eye Center. We are continuing to monitor the COVID-19 virus, also known as coronavirus disease, and we are staying vigilant with necessary precautions and preventive measures as per the guidelines set out by the CDC and other health advisories.

To help ensure the safety of our patients and staff within our offices, we are taking the following precautions.

At Our Offices:

- During appointment confirmation/scheduling, we ask that if a patient is experiencing fever or coughing symptoms, has been exposed to someone who is, or has traveled to known areas that have been affected by the coronavirus, they please reschedule their appointment for a later time.
- We are urging our staff to stay home should they feel sick.
- We have increased the frequency of surface cleaning throughout common areas.
- We are, as is standard policy, cleaning exam rooms, equipment, and common surfaces in between patients.
- Our patient providers and staff are washing our hands frequently throughout the day.
- We are working with our officemates to ensure they are implementing these and other precautions as needed.

Here are some reminders to stay proactive during this time:

Suggestions for Patients:

- Wash your hands for at least 20 seconds before and after you apply your contact lenses as well as frequently throughout the day.
- If you wear eyeglasses, clean the frames frequently with alcohol or disinfecting wipes-avoid bleach as this can damage the frames.
- Stay away from people who are exhibiting signs of respiratory illness or fever.
- Cover your mouth and nose with a tissue or your elbow/shoulder when coughing or sneezing.
- Avoid touching your eyes, nose, or mouth with unwashed hands. We all touch these areas more than we realize.
- Avoid large crowds.
- Clean and disinfect frequently touched objects and surfaces-especially if someone is ill.

- Those who have international travel plans should please take heed to the travel warnings and alerts issued by the CDC and take appropriate actions in regards to avoiding contact with others if coronavirus symptoms present after traveling.

We continue to monitor this situation as it evolves, and we will update you with new procedures and processes as they are put into place in an effort to protect patients. Should you have any specific questions or concerns, please reach out to us at medicaleyceterservices@gmail.com.